

### CLASSES

#### TREETOPS ROPES COURSE (CLASS 1 & 2)

Traverse cables, wooden logs and moving bridges 30 feet above the ground, ending with a zip-line. The West Course (Session 1) is for ages 6+ with an adult accompanying those under age 10. The East Course (Session 2) is great for ages 10+ and boasts fantastic views of the Root River!

#### MYSTERY CAVE TOUR (CLASS 1)

Adventure underground for a guided tour of Mystery Cave in Forestville State Park. This walking cave tour is accessible for all ages, is an hour long, and gives you an up close look at what is underfoot.

Additional state park fee: \$15 - Adult (ages 13 and older) \$10 - Youth (ages 5-12) No charge for ages 4 and under (ticket still required). Transportation and parking provided for first 14 participants.

#### ROOT RIVER HIKE (JUNE ONLY CLASS 1)

Explore the 200+ acres of Eagle Bluff with a staff member. Trail etiquette, games, and observations are central to this guided experience, as you create, explore, and appreciate the natural world.

#### CANOEING (AUGUST ONLY CLASS 1)

Paddle the Root River! Trained instructors prepare paddlers to adventure the scenic 3.5 miles of slow and fast moving water. Learn to read the river and its hazards, basic river paddling strokes, equipment needed, and safety precautions.

Age Requirement: 2 Paddlers per family must be at least 11 years old, but those 10 and under may still ride along in the canoe (2 small riders max/boat).

#### ONEOTA (CLASS 1)

Become archaeologists observing and using artifacts to experience what life for some of the earliest peoples on this land, the Oneota, might have been like.

#### RIFLE RANGE (CLASS 2)

Learn gun safety, how to hold a rifle and proper shooting fundamentals. Practice shooting at Eagle Bluff's rifle range.

Age Requirement: 10+

#### INTRO TO SPIN CAST FISHING (CLASS 2)

Learn the basics of spin cast fishing and build DIY fishing equipment with just a pop can and string perfect for young fisher folk! Travel into nearby Lanesboro to practice your fishing skills on a stocked pond practicing catch and release.

#### CAMP COOKING 101 (CLASS 2)

Take your cooking over the fire to the next step! Over the fire and stove, help prepare snacks, meals, and treats. This delicious session is one you won't want to skip!

### MINI SESSIONS

#### ARCHERY (SESSION 1)

Through hands-on target practice and friendly competition, participants will draw, aim and fire. With a variety of bows to choose from, even a 6 year old can be successful at this sport!

#### POND EXPLORATION (SESSION 1)

Mud boots, nets, and collection tubs are your equipment as you explore the Eagle Bluff ponds in search of frogs, toads, invertebrates and fun!

#### ROCK CLIMBING (SESSIONS 1 & 2)

Our indoor rock climbing wall offers over 35 routes ranging from beginner to expert. The 30ft walls have features such as overhangs, cracks and a chimney. If you have previous belay experience you can be tested by one of our instructors to become belay certified and belay others.

#### SURVIVAL 101 (SESSION 1)

Participants will test their survival knowledge by prioritizing a list of supplies and constructing a shelter in the woods.

#### FIRE MASTERS (SESSION 2)

Become a fire master using different methods and materials. From flint and steel to Doritos, flames are guaranteed.

#### MAKE YOUR OWN WALKING STICK (SESSION 2)

Get your crafty on as you make your own buckthorn walking stick! Peel back the bark, and get to it creating designs, additions, or keep it plain. At the end of your mini session give it a test walk on the trails!

#### BAT TUNNEL (SESSION 2)

Don waders and adventure into the Bat Tunnel at Eagle Bluff. The tunnel was built 100+ years ago to re-route the river to an electric power plant, but it is now a cool (literally) place to look for bat activity and early cave formations.

Age Requirement 12+