

ADULT EXPECTATIONS: *Rock Climbing*

Eagle Bluff's Rock Climbing Wall is one of our premier educational tools. The indoor wall provides a safe, yet challenging opportunity for students to experience rock climbing. The class also emphasizes trust, cooperation, teamwork, and personal growth. Students will spend about one third of the class period learning proper equipment, belaying technique, and how to work as a team. Two thirds of the class will involve practicing these skills while climbing. The adult chaperones will belay for the students and may not have an opportunity to climb.

The maximum group size is **twenty (20)** students. We want to make certain that each student has the individual attention necessary to be sure they understand all the instructions, safety information, and their personal choices. To assist with this, the help of at least **four (4)** adults to belay for the students is absolutely required. The belayers sit on the ground keeping the climbing rope taut and applying a brake if a climber falls. The Eagle Bluff Instructor will teach the adults how to belay correctly. Safety is our greatest concern. If the required number of adults is not available, students will not be allowed to experience the course.

Who can help?

Adult assistants must be, at a minimum, **21** years of age, and must have a positive, mature attitude about assisting students with the exciting activity.

What are the adult chaperones responsibilities?

- There must be four adults who will belay for the students.
- Manage no more than two climbing teams.
- Insure an especially tight belay at all times.
- Encourage students to follow all instructions, especially safety instructions.

What are the climbing wall instructors (Eagle Bluff Staff) responsibilities?

- Provide all information about fears and personal choice.
- Provide all safety instruction and assistance.
- Provide belaying instruction for adults.
- Double check equipment before each student begins to climb.
- **Offer encouragement and direction to all involved with the class.**

ADULT EXPECTATIONS: *Tree Top High Ropes Course*

Eagle Bluff's Tree Tops High Ropes Courses are among the most powerful education experiences available anywhere. This confidence building class promotes growth and strengthens group bonds. Maximum student group size is twenty (20). We want to make certain that each student has the individual attention necessary to be sure they understand all instructions, safety information, and personal choices. A group size of no more than twenty will insure appropriate, individualized instruction.

On our East and West courses, the assistance of at least **three (3)** physically capable adults who are **willing to be up "on the course," thirty feet minimum**, is absolutely required. For our South course, the assistance of at least **four (4)** physically capable adults who are **willing to be up "on the course," thirty feet minimum**, is absolutely required. In order to fulfill our commitment to quality programming and safety, these adults are required to help supervise the students experiencing our high ropes courses. If the required number of adults are not available or the assigned adults decline to participate, students will not be allowed to experience the course.

Who can help?

Adult assistants must be **21** years of age and must have a positive, mature attitude about assisting student. Adults must also be physically capable and confident about assisting thirty feet in the air.

What are the adult chaperones responsibilities?

Adults climb up on to the course and station themselves at the following places:

Tower three: Responsibilities include: offer encouragement, help switch carabiners, and help pace participants through the course.

Zip Line Tower: Responsibilities include: attaching course participants into zip line carabiners, lock the carabiners, and give instructions for proper dismount.

Zip Line Landing Platform: Responsibilities include: guiding participants to the platform, unlocking carabiners, unhooking safety straps, and instructing participants on how to walk the pulley back.

Tyrolean Traverse (South course only): Monitor participants as they attach themselves to the Tyrolean pulley, assist students onto platform and unhook from Tyrolean pulley.

What are the instructor's responsibilities?

- Provide all information about fears and personal challenge
- Provide safety instruction, assistance, and encouragement
- Provide instruction for adult assistants on the course
- Provide demonstration on how to successfully complete the course
- Double check participants safety equipment before they begin course
- Monitor and get on course in case of an emergency