

Night Hike

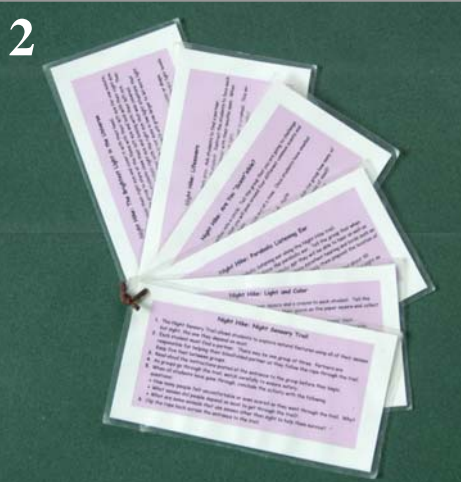


Kit Materials:

- Wind-up flashlight
- Blindfolds (10) in bag
- Eagle Bluff trail map
- Scent containers (4) in bag
- Activity cards (6) tied together
- Plastic box containing:
 - ◊ Crayons (25 various colors)
 - ◊ Lifesavers (2 packs)
- ◊ Paper squares (≥ 25)
- ◊ Candle
- ◊ Matchbooks (2)



1 Become familiar with the equipment in the kit and how to wind and use the flashlight.



2 Within your kit you will find cards that explain some of the different activities.



3 If several adults are available feel free to divide up the activities.



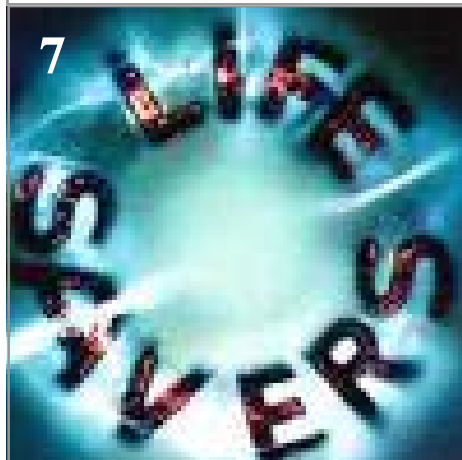
4 If possible walk the suggested Night Hike route ahead of time. If several Night Hikes are going on, coordinate routes with the other hike leaders.



5 When students arrive have them write words on the chalkboard that they associate with the night.



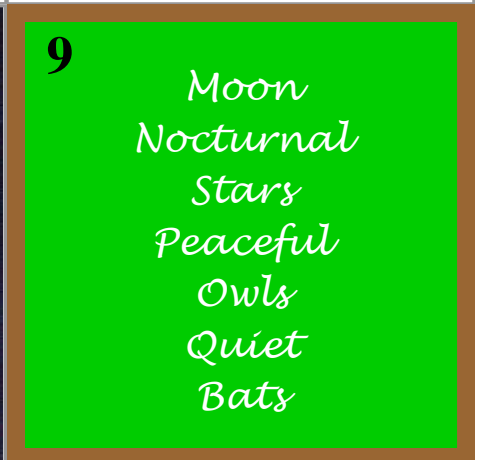
6 Give the students rules to follow while on the Night Hike. The quieter they are on the hike the greater their chance of seeing or hearing wildlife.



7 Trail intersections work well for most activities. The pine groves work well for the lifesavers, crayons, and candle.



8 There are many optional activities in the lesson plan: star gazing, solo walk/sit, stories, and games.



9 Back in the room ask if any new words should be added to the chalkboard.

If anything was broken or missing, or if any of the supplies were low or were used up, please let your liaison know. Thank you for your assistance.